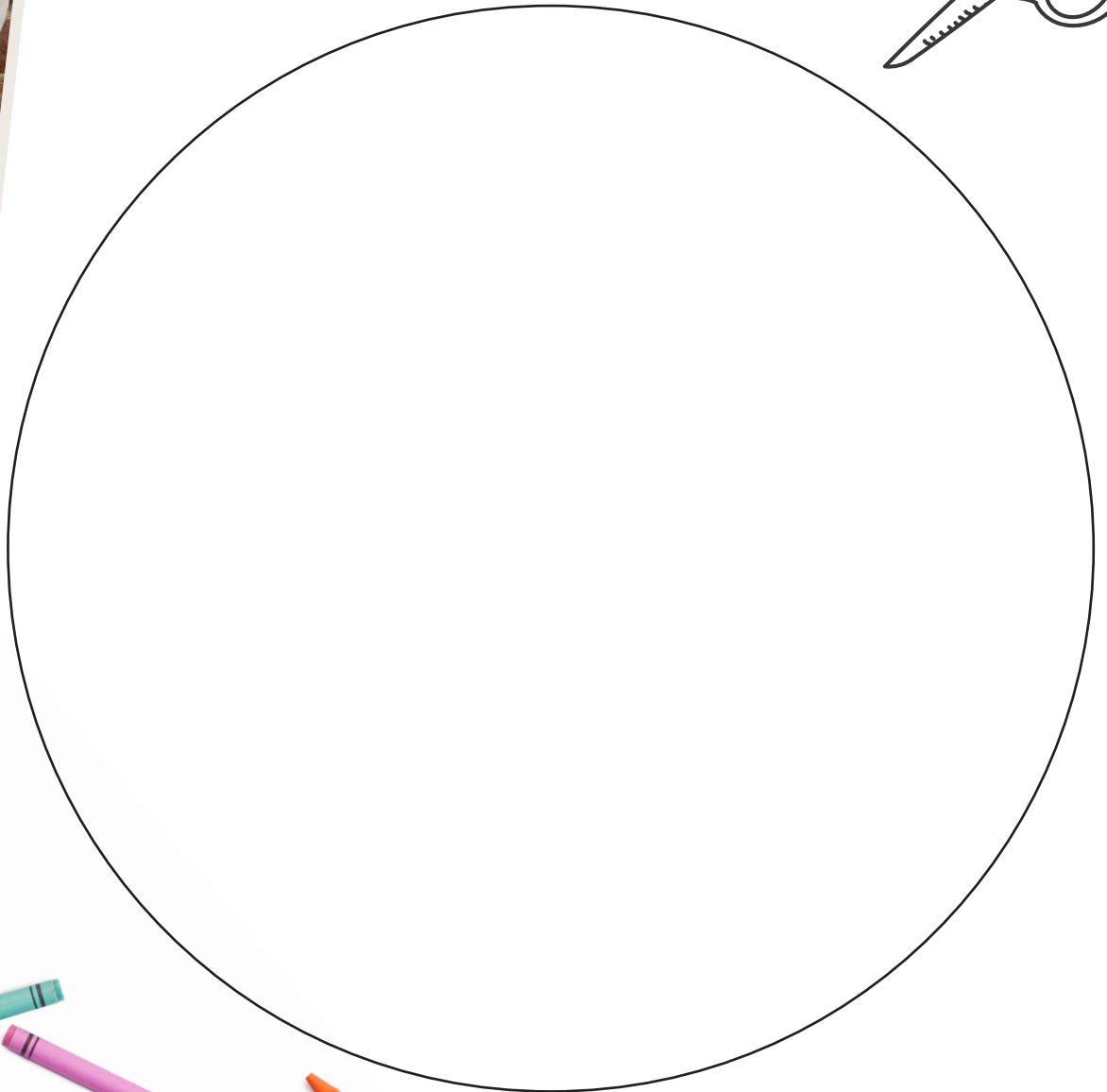
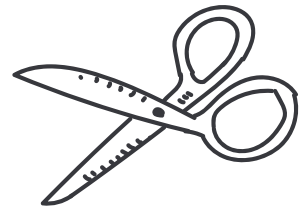




See You on the Flip Side!

How are you feeling today? Happy? Excited?! Maybe a little grumpy or sleepy? In the circle below, draw a face that shows the emotion you're feeling right now. But wait—every emotion has a flip side! What's the opposite of how you feel now? On the next page, you'll find another circle. In that circle, draw the flip side of your current emotion. When you're done, cut out your two circles, glue them to both sides of a paper plate and tape or glue them to a stick. Now you have an emotion puppet! Use it to show others how you're feeling or to help tell a story all about your full range of emotions. Use the photos below as inspiration for your puppet!



Smiley and frowny puppet examples by Oscar, age 4



